



MANUAL HANDLING

AIM

- Identify assess and control hazards
- Assess and control handling risks
- Manual handling techniques

DESIGNED FOR

This course is designed for people who are required to carry out manual handling, and is relevant to all industries and workplaces.

CONTENT

- Identifying risks and hazards
- Methods used
- Sizing up loads
- Safe manual handling principles
- Actions and movements
- Manual handling aids and equipment
- Load planning
- Observations

DURATION

3-4 Hours

QUALIFICATION GAINED

On successful completion participants will receive a Statement of Attainment for *TLID107C - Shift materials safely using manual handling methods* from the *TLI07 - Transport & Logistics Training Package*.

COST

\$250 per person * excl GST
Group Discounts are Available

*prices may vary depending on location

